



www.golfml.cz



GOLF AND SPA...

...IN THE CZECH REPUBLIC

If we decide to visit some of the numerous Czech spas, we will certainly come across a rather appealing region: a spa triangle with excellent access to golf courses. The triangle consists of three spa cities: Františkovy Lázně, Mariánské Lázně and Karlovy Vary.

Although we might not expect a long golf history, a pleasant surprise is that the oldest course in Bohemia is in Mariánské Lázně. While golf courses can be found throughout the Czech Republic, in practically every corner of the country, the atmosphere of a spa resort at a golf course surrounded by mixed or coniferous woods and with crisp fresh air is something unique. Moreover, we can choose such a stay that would include quality spa treatment and a wellness programme – all in a comfortable environment.

Hotel service for golfers

The Metropol Hotel in Františkovy Lázně is especially suited for golf purposes, with several rooms specifically furnished for golfers. The hotel includes garages, a garden, and a sunny terrace. It provides many wellness programmes to choose from, such as classic massages, aromatic massages, and massages with hot stones. These programs have positive effects on tired and aching muscles, joints, backs and the entire backbone. In addition to an infrasauna, a classic sauna is available. The sauna allows sweat to evaporate and is suitable for prevention and winterisation, which is necessary for a golfer playing often in damp and cold weather. The same relaxation can also be found in the local water complex Aquaforum, a visit to which is included in your stay. To add more variety, you can try



Nordic Walking, with or without an instructor, or take a guided tour of the surrounding area.

Moving on to Mariánské Lázně, we discover the Parkhotel Golf lying adjacent to a golf course. It is situated on the outskirts of the city, in an ecologically pure environment. The wellness programmes focus on physical and mental health, which is important these days. As in any other spa hotel, here you will undergo an initial medical examination. Then you can select from a wide range of massages, saunas, baths and other alternative wellness programmes. As regards hotels in Karlovy Vary, the Royal Golf Hotel surrounded by beautiful countryside is certainly recommended. The hotel houses a club-style bar, and, most importantly, a golf course is located nearby. Furthermore, to make your golf stay more varied, the hotel can arrange for you spa treatments, fishing, hunting and excursions, or you can select from a wide range of wellness programmes.

GC Františkovy Lázně-Hazlov

Close to the picturesque spa city of Františkovy Lázně lies a challenging 18-hole golf course that was opened in 2002. It provides breathtaking views of and walks through the adjacent and more-distant surrounding area. Mixed meadows and woods along with lakes allow golfers to come to the fore. Eighteen international-standard fairways have been

harmoniously integrated in a natural state into the protected area of the Ohře River.

Royal Golf Club Mariánské Lázně

Not far from the hotel, at the foot of the Slavkovský Forest, there is an 18-hole golf course that lies predominantly in a flat area. It is the oldest golf course in the Czech Republic, and it was established on the initiative of the English King Edward VII on 21 August 1905, as Mariánské Lázně was one of his favourite places.

This course exemplifies the classic Scottish and Irish golf courses of that time. At first glance, it may seem easy, but during play many traps appear requiring technically precise shots. The course is surrounded mostly by coniferous woods, which makes it a pleasant place even on very hot summer days. The most beautiful period here is autumn, which lends the course the feeling of a golf paradise.

Golf Resort Karlovy Vary

A visit to the 18-hole golf course in Karlovy Vary is a must. The city of Karlovy Vary is about 50 km distant, an hour's drive. Compared to Mariánské Lázně, the course in Karlovy Vary has a significantly different character; we can say that the two courses complement one another. As opposed to Mariánské Lázně, golfers in Karlovy Vary must often overcome hills, and the holes are situated very imaginatively in the wooded area.

Although the vicinity of the golf courses typically provides other services, true rest can be had only in the spas. It is simply an entirely different atmosphere. When you return from the course, you will feel differently, without being consumed by golf but with your mood tuned up after a good round. **You should try this combination, too!**

Important links

Golf courses info:	www.gr-fl.cz
	www.golfml.cz
	www.golfresort.cz
West. Bohemian Region info:	www.kr-karlovarsky.cz



www.gr-fl.cz